

Starters

- 3 CHEESE CHUBBIES v** £4.95
Mozzarella in Cornbread Batter
 - GARLIC BREAD v** £5.50
Four Baguette Pieces with Garlic Butter & Cheese
 - CORNDOGS** £7.50
2 Frankfurter Sausages Deep Fried in Cornbread Batter
 - MACHO NACHOS** £13.50
Tortilla Chips topped with Beef Chilli, Pico De Gallo, Jalapeños, Guacamole, Sour Cream, Salsa, Cheese
 - JUMBO BUFFALO WINGS** 4 £6.95 / 8 £12.50 / 12 £16.50
Served with Blue Cheese Dip
- CHOOSE YOUR SAUCE**
Frank's Red Hot / Dr Pepper BBQ / Half & Half

SIDES

- SKINNY FRIES v** Reg £2.95 / Lrg £4.50
 - SWEET FRIES v** Reg £4.50 / Lrg £6.50
 - ADD PERI SALT!**
 - MAC & CHEESE v** £6.50
 - COLESLAW v** £3.50
 - CORN ON THE COB v** £3.50
 - SLOPPY SALAD v** £6.50
 - LOADED FRIES**
 - BUFFALO FRIES** £8.50
Skinny Fries, Fried Chicken, Frank's Red Hot Sauce, Blue Cheese Dip & Cheese
 - CHILLI FRIES** £8.50
Skinny Fries, Beef Chilli, Cheese, Jalapeños, Onion & Mustard
 - CANADIAN POUTINE v** £7.50
Skinny Fries, Gravy & Cheese
- UPGRADE TO SWEET FRIES £2.00!**

KIDS vs FOOD

- HOTDOG** Served with Cheese **£7.50**
- JR BURGER** Beef, Chicken or Veggie, Cheese, Ketchup
- CHICKEN NUGGETS** Served with Fries and a Fruit Shoot. (Children under 10 years of age)

MAN vs FOOD

London

TENDERS

Fried Chicken Tenders in the flavour of your choice

- ORIGINAL - CHICKEN FRIED CHICKEN
- NASHVILLE HOT
- LEMON PEPPER
- CAPTAIN CRUNCH

3 TENDERS, 1 FLAVOUR, 1 DIP • £6.50 | 6 TENDERS, 2 FLAVOURS, 2 DIPS • £11.50

MVF DIPS

- Ranch v / Blue Cheese v / Honey Mustard v / Sour Cream v
- Green Garlic Mayo v / Sriracha Mayo v / Frank's Red Hot v
- Salsa v / Holy F*ck / Dr Pepper BBQ v / Gravy v / Baconnaisse
- Maple Syrup v / Thousand Island v / Guacamole v (£2.50)

£1.50 EACH

BURGERS

All burgers are served on a sesame brioche bun

CHICKEN

- | | on its own | with fries |
|---|------------|------------|
| CLASSIC | £9.50 | £12.00 |
| Grilled Breast, Cheese, Green Garlic Mayo, Salad | | |
| CAPTAIN CRUNCH | £10.50 | £13.00 |
| Deep Fried Breast, Breakfast Cereal Coating, Green Garlic Mayo, Honey Mustard, Pickles, Salad | | |
| NAZANDA CHICKEN | £12.50 | £15.00 |
| BEST SELLER! | | |
| Grilled Breast, Frank's Red Hot, Jalapeños, Hashbrown, Cheese, Green Garlic Mayo, Salad | | |
| NASHVILLE HOT | £12.50 | £15.00 |
| OUR FAVOURITE! | | |
| Deep Fried Thigh, Nashville Rub, Pickles, Lettuce, Cheese, Sriracha Mayo, Ranch | | |
| HOLY F*CK | £11.50 | £14.00 |
| CONTAINS NAGA GHOST CHILLI! | | |
| Grilled Breast, Holy F*ck Sauce, Cheese, Salad, Green Garlic Mayo | | |

DOUBLE UP £3.50

BEEF

- | | on its own | with fries |
|---|------------|------------|
| ROOKIE | £9.50 | £12.00 |
| FOR THE FUSSY ONES! | | |
| 2 4oz, Cheese, Thousand Island, Caramelised Onion, Salad | | |
| JUICY LUCY | £12.50 | £15.00 |
| 8oz, Molten Cheese INSIDE Patty, Bacon, Thousand Island, Caramelised Onion, Salad | | |
| KRISPY KREME | £13.50 | £16.00 |
| BEST SELLER! | | |
| 2 Original Glazed Doughnuts, 2 4oz, Cheese, Caramelised Onion, Bacon | | |
| NAZANDA BEEF | £12.50 | £15.00 |
| 2 4oz, Frank's Red Hot, Jalapeños, Hashbrown, Cheese, Thousand Island, Caramelised Onion, Salad | | |

DOUBLE UP £3.50

STEAKS

Served with Skinny Fries, Salad & Coleslaw

- BRONTOSAURUS BEAST** £54.95
32oz Ribeye
- NEW YORK STRIP** £24.95
8oz Sirloin
- SAUCES**
Garlic Butter / Dr Pepper BBQ
- EXTRAS**
Bacon / Turkey Bacon £2.00
Fried Egg, Mushrooms, Blue Cheese £1.00

RIBS

Served with Skinny Fries & Coleslaw

- PORK RIBS** Half £15.50 Full £26.95
- BEEF RIBS** £26.95

SOUTHERN COMFORT CORNER

- GOTTS COVE SEABASS** £17.95
Our Favourite! Blackened Cajun Fillet, Skinny Fries, Salad, Green Garlic Mayo
- WAFFLE CRUNCH** £13.50
Homemade Waffle, Chicken Tenders, Maple Syrup. Add Fried Egg £1 / Bacon £2

VEGGIE & VEGAN

- | | on its own | with fries |
|---|------------|------------|
| SPICY JALAPEÑO GRILLER v | £12.50 | £15.00 |
| VEGAN OPTION AVAILABLE! | | |
| Spicy Plant Based Patty, Mushrooms, Cheese, Jalapeños, Salsa, Green Garlic Mayo, Salad | | |
| BBQ QUORN BURGER v | £12.50 | £15.00 |
| "Beef" Quorn Patty, Dr Pepper BBQ Sauce, Thousand Island, Mushrooms, Cheese & Salad | | |
| VEGAN KRISPY KREME vg | £13.50 | £16.00 |
| 2 Vegan Original Glazed Doughnuts, PB Patty, PB Cheese, PB Bacon, Caramelised Onions | | |
| HALLOUMI CRUNCH v | £11.50 | £14.00 |
| Halloumi pieces coated in Breakfast Cereal, Chilli Jam, Green Garlic Mayo, Salad, Pickles | | |

DOUBLE UP £3.00



MAN vs FOOD

London

CHALLENGES

ALL SUCCESSFUL CHALLENGES WILL WIN A MVF T-SHIRT & A PHOTO ON OUR LEGENDS BOARD!
TO ATTEMPT ANY OF OUR CHALLENGES - PLEASE ORDER DIRECTLY AT THE TILL.

Not brave enough
to take on a
challenge alone?
Buy & share
with your friends
& family instead!

CAN YOU HANDLE



fire

in the hole

18+

FOUR DOUBLE BONDED BUFFALO WINGS COATED IN NAGA GHOST CHILLI SAUCE. CHALLENGE HAS NO TIME LIMIT HOWEVER CONTENDER IS NOT ALLOWED TO TAKE ANY LONG PAUSES. ONCE COMPLETED CONTENDER MUST WAIT 4 MINUTES AFTER BURN TIME. THROUGHOUT THE CHALLENGE & AFTER BURN TIME; DRINKING, LEAVING YOUR SEAT & WIPING YOUR FACE IS PROHIBITED. CONTENDER MUST SIGN A WAIVER BEFORE TAKING PART IN THE CHALLENGE.

PRICE
£30

WIN YOUR MONEY BACK

BIG OL' BELLY BUSTER

3.5KG BURGER SERVED WITH SALAD, CHEESE & MAYONNAISE. CHOOSE FROM BEEF OR 10 CHICKEN BREASTS. NO SIDES INCLUDED. 40 MINUTE TIME LIMIT. PLEASE NOTE: DUE TO ITS SIZE, THE BEEF BELLY BUSTER CAN TAKE UP TO 1 HOUR TO COOK.

PRICE

PRICE
£80

WIN £350 CASH

30 WINGS

30 DOUBLE BONDED BUFFALO WINGS COATED IN EITHER DR PEPPER BBQ, FRANK'S RED HOT OR HALF AND HALF. BONES MUST BE COMPLETELY CLEAN. 30 MINUTE TIME LIMIT.

PRICE
£60

WIN £100 CASH

METRE LONG HOT DOG

9 FRANKFURTERS, BEEF CHILLI, CHEESE, JALAPENOS, WHITE ONION. 30 MINUTE TIME LIMIT.

PRICE
£60

WIN £100 CASH

BANANA SPLIT BELLY SPLITTER

THREE POUNDS OF VANILLA ICE CREAM TOPPED WITH TWO BANANAS, WHIPPED CREAM, CHOCOLATE SAUCE, NUTS, SPRINKLES & CHERRIES. CONTENDER HAS 30 MINUTES TO COMPLETE USING ONLY A TEASPOON.

PRICE
£30

WIN YOUR MONEY BACK

THREE LITTLE PIGGIES

THREE FULL RACKS OF PORK RIBS, REGULAR FRIES, REGULAR COLESLAW. ALL BONES MUST BE COMPLETELY CLEAN. 30 MINUTE TIME LIMIT.

PRICE
£60

WIN £100 CASH

BLANCO DIABLO

18+

V

SPICY BEAN BURGER COATED IN FIRE IN THE HOLE SAUCE! NO DRINKING OR WIPING OF THE FACE. NO TIME LIMIT BUT NO LONG PAUSES ALLOWED. ONCE COMPLETED MUST WAIT 4 MINUTES AFTER BURN. MUST SIGN A WAIVER FORM BEFORE THE CHALLENGE.

PRICE
£30

WIN YOUR MONEY BACK

Food allergies & intolerances
Before ordering please speak to
our staff about your requirements.



All Meals Can Be Prepared Under Halal Regulations Upon Request



manvsfoodlondon